Looking for more delicious, energizing meals? You don’t have to wait until your next Delta flight. Performance Kitchen™ frozen meals are available in a variety of globally-inspired flavors with balanced protein, vegetables, and fiber. Find them at your local grocer or get them delivered right to your door.
**Performance Kitchen™**

**VG**

**GM**

**amex for details.**

**LO**

**• Rondéle**
**• La Panzanella**
**• Vacaville Mediterranean Apricots**
**• Endangered**
**• Crunchmasters**
**• Calbee**

**TAPAS SNACK BOX**
hand-crafted on an everything bagel baguette. Slices of honey maple turkey with Colby Jack and cream cheese, cage-free eggs on flights departing US cities only.

**BREAKFAST** 5:00am-8:59am

Based on scheduled departure time. Available on select flights 1300 miles and over within the US, Canada, Caribbean, Central America, and Mexico.

**HONEY MAPLE TURKEY BREAKFAST SANDWICH $8.99**

Slices of honey maple turkey with Colby Jack and cream cheese, hand-crafted on an everything bagel baguette.

**PROTEIN BOX $8.99**

26g Protein

Wedges of Tillamook® Colby Jack and Sharp Yellow Cheddar, a cage-free hard-boiled egg, sunflower seed butter, whole grain muesli snack rounds, red grapes, and a strawberry.

**ALL-DAY SNACKS**
Available on select flights 900 miles and over within the US, Canada, Caribbean, Central America, and Mexico.

**TAPAS SNACK BOX**

- Cabée® Harvest Snaps Snapea Crisps® GF VG GM
- Crunchmaster® Original Multi-Seed Crackers GF VG GM
- Endangered Species Natural Dark Chocolate GF VG K GM
- Madi K’s® Whole Natural Almonds GF VG K GM
- Vvacaville Mediterranean Apricots GF VG K GM
- La Panzanella® Multigrain Crackers VG K GM
- Tru Flavors® Traditional Hummus GF VG K GM
- Rondée® Plain Cheese Spread

**CRAVE SNACK BOX**

- Nabisco® Wheat Thins VG
- Pepperidge Farm® Goldfish®
- Hormel® Hard Salami GF
- White Cheddar Gourmet Cheese Spread GF LO
- Pepperidge Farm® Dark Chocolate Milano® K LO
- Original Skittles® GF VG
- Tic Tac® Freshmints GF VG GM

**LUNCH/DINNER** 9:00am-8:00pm

Based on scheduled departure time. Available on select flights 1300 miles and over within the US, Canada, Caribbean, Central America, and Mexico.

**TILLAMOOK CHEESE & FRUIT $8.99**

Tillamook® Sharp Yellow Cheddar, Tillamook® Colby Jack, and smoked gouda served alongside olive oil & sea salt flatbread crackers, natural whole almonds, red grapes, apple wedges, and a Ghirardelli® dark chocolate.

Tillamook cheese may be substituted on flights departing Mexico/Canada.

**WESTBOUND FLIGHTS**

**Performance Kitchen**

**CASHEW RANCH CHICKEN COMBO $10.99**

12g Protein - 1 serving Vegetables - 6g Fiber - 400 Calories

Seasoned chicken (raised without antibiotics), corn, black beans, natural turkey bacon, mixed grains, tomatoes, lettuce, and cashew ranch spread in a whole grain spinach tortilla. Served with grapes, a strawberry, and a Ghirardelli® dark chocolate.

**MESQUITE-SMOKE TURKEY COMBO $10.99**

Mesquite-smoked turkey, cheddar cheese, and lettuce on an olive oil baguette. Served with mayonnaise and Dijon mustard on the side. Complete with kettle-cooked potato chips and an Oven Arts® chocolate chunk cookie.

**COMPLIMENTARY SNACKS**

**LOTUS BISCOFF® COOKIES VG GM**

Whole Grain Cheez-It® K LO

Squirrel Brand® Almonds GF VG GM

Kind® Dark Chocolate Chunk Bar K LO

Biscoff and Cheez-It available on flights 351–599 miles.

**CRUNCH SNACK BOX**

- Late July® Sea Salt by the Seaheon® Tortilla Chips GF VG K GM
- Naturally Fresh® Medium Salsa GF
- Madi K’s® Hickory Smoked Almonds GF VG K GM
- Toblerone® Swiss Milk Chocolate K LO
- Old Wisconsin® Beef Snack Stick GF

**PRINGLES® $4**

- Original Flavor K

**EASTBOUND FLIGHTS**

**Performance Kitchen**

**SOUTHWESTERN CHICKEN COMBO $10.99**

19g Protein - 1 serving Vegetables - 7g Fiber - 400 Calories

Seasoned chicken (raised without antibiotics), pinto beans, corn, black beans, Monterey Jack cheese, mixed grains, tomatoes, lettuce, and mild tomatillo poblano sauce in a whole wheat tortilla. Served with grapes, a strawberry, and a Ghirardelli® dark chocolate.

Performance Kitchen® products are not available on flights departing Canada. For more of their nutritional information, visit luvofoods.com/delta

*Nutritional information applies to individual wraps.

**Terms, conditions and restrictions apply. See delta.com/amex for details.**

**Earn more miles and get 20% back on in-flight purchases**

Receive a 20% savings in the form of a statement credit after you use your Delta SkyMiles American Express Card on eligible in-flight purchases of food, beverages and audio headsets. You can also earn 2X miles per dollar spent when using the Delta SkyMiles Blue or Gold American Express Cards or earn 3X miles per dollar spent when using the Delta SkyMiles Platinum or Reserve American Express Cards.

Terms, conditions and restrictions apply. See delta.com/amex for details.

**Product contents may vary. Delta Air Lines and Delta Connection® only accept credit and debit cards for all on-board purchases. ATM cards are not accepted. Debit cards are only accepted if they bear a major credit card logo. Delta Connection flights operated by Compass Airlines and GoJet Airlines accept cash only. All SkyMiles program rules apply to mile offer. To review the rules, please visit deltasmiles.com/memberguide. ©2020 Delta Air Lines, Inc.**

Printed on recycled paper. Printed using soy-based inks.